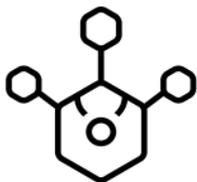


SISTERS COUNTRY RESOURCE GUIDE

**FIND THE RESOURCES YOU NEED
TO THRIVE IN SISTERS COUNTRY**



2022 EDITION

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General Resources

Emergency Services

Police/Fire/Medical: Dial 911

Mental Health Crisis: Dial 911 OR

Emergency Stabilization Center:

(541) 322-7500 Ext 9

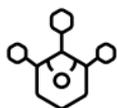
Non-Emergency Services

Deschutes County Sheriff:

(541) 693-6911 | 702 N Larch St

Sisters-Camp Sherman Fire District:

(541) 549-0771 | 301 S. Elm St



General Resources

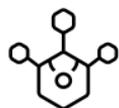
General Resource Hubs

Family Access Network (FAN): Referrals, vouchers, resources, services, info hub
(541) 549-0155

NeighborImpact: Resources, services, info hub
(541) 548-2380 | neighborimpact.org

Latino Community Association (LCA): Assists with immigration, language, health, work, and more for Latinos in Central Oregon
(541) 382-4366 | latinocommunityassociation.org

211 Info: Community information team, OHP assistance, housing & utility assistance, Find Childcare Oregon database
211info.org



Housing

Fair Housing Council

*Housing hotline with live calls, housing discrimination guidance. English/Spanish services available: (800) 424-3247
Ext 2 (advocacy) / Ext 5 (shelter)*

Thrive Central Oregon

*Housing & resource assistance and connection
(541) 728-1022 | thrivecentraloregon.org*

NeighborImpact

*Rental/deposit assistance, rapid rehousing, IDA savings program, weatherization planning
(541) 548-2380*



Housing

Housing Works

Emergency housing assistance, HUD properties—Section 8 Housing vouchers.

Applications accepted 8 AM PST on Monday, January 9th until 5 PM PST, Friday, January 13th, 2023

housing-works.org

Coordinated Entry

Housing assessments for those currently or at risk of homelessness. Provides connection to housing advocate.

Unhoused: Call Tu/Th 12–4 pm

(541) 630-2533

Housing Insecure: Fill out assessment online to be connected with advocate.

<https://tinyurl.com/2p8ne2xb>



Housing

Sisters Cold Weather Shelter

Shelter, advocacy, and resources

(541) 633-6114 |

facebook.com/sisterscoldweathershelter

Habitat for Humanity

Affordable home ownership, classes, home repair assistance, IDA savings program

(541) 549-1193 | sistershabitat.org

Houseless Outreach & Peer Support

David Fox: Case Manager Houseless Outreach

(541) 213-5668 | david.fox@deschutes.org

Jeromy Willden: Peer Support Specialist

(541) 213-6698 | jeromy.willden@deschutes.org



Food Access

Individual & Family Support

Sisters Fire District Emergency Voucher:

Grocery vouchers (\$10/individual or \$20/family) Can only be used every 90 days

(541) 549-0771

Kiwanis Food Bank: Open Thursdays 9 am-2 pm. Some information collected to determine eligibility.

328 Main St | (541) 410-8688

Wellhouse Food Pantry: Open Thursdays @ 4:30 p. In-person shopping or drive thru pick up. No eligibility requirements

222 N Trinity Way | (541) 549-4184

Family Kitchen Community Meal: Tuesdays 4:30p-6:30p. No eligibility requirements

1300 McKenzie Hwy | (541) 760-5677



Food Access

School Aged Youth

Meal benefit program (free/reduced price school meals): Contact FAN for referral and navigation of process

(541) 549-4057 | terri.rood@ssd6.org

Senior (60+) Meal Programs *

Senior Luncheon: In-person dining Tuesdays from 11 am-1 pm. Lunch meal pick up on Tues, Wed, Thurs from 12-12:30pm

1300 McKenzie Hwy | (541) 678-5483

Meals on Wheels: Home delivered meal service

(541) 678-5483

**Senior meal programs are provided by the Council on Aging of Central Oregon*



Food Access

Seasonal

*Sisters Farmer's Market: Sun 11 am–2 pm
Accepts SNAP/EBT. 2022 Market will match
\$20 for every \$10 in SNAP/EBT purchases.
Redeem at the Info Booth each market day.
Open June 5th–Oct 2nd*

Fir St. Park | sistersfarmersmarket.com

*Seed to Table: Produce shares. Offers a sliding
scale for shares. Accepts SNAP/EBT. Fresh
produce available at the Sisters Farmer's Market.*
**seedtotableoregon.org |
office@seedtotableoregon.org**

*Rainshadow Organics: Produce shares
(SNAP/EBT payments accepted), Farm Store*
**rainshadoworganics.com |
info@rainshadoworganics.com**



Food Access

Seasonal

Mahonia Gardens: Produce shares (SNAP/EBT accepted for produce shares only)

Self-serve produce stand. Open May–Oct

mahoniagardens.com | 254 E. Adams Ave

Seasonal Community Meals

Thanksgiving Community Meal:

Sisters Community Church

(541) 549-1201

Christmas Community Meal:

Sisters–Camp Sherman Fire District

(541) 549-0771

Pet Support

Furry Friends: Food, supplies, medical referral.

Call or text to schedule pickup

412 E. Main Ave Ste 4 | (541) 797-4023

furryfriendsfoundation.org



Services

Utilities Support

NeighborImpact: Utilities assistance, propane
(541) 548-2380

Bend Broadband: Low income family internet program. Requires FAN referral
(541) 549-0155

City of Sisters: Low income utilities program
(541) 323-5209

Legal Services

Legal Aid: Free/low cost legal aid
(541) 385-6950

Latino Community Association: Legal aid services provided for Spanish speakers
(541) 549-0155 |

<https://latinocommunityassociation.org/resources/legal-resources/>



Services

Waste Removal

Sisters Recycle Center: Trash/recycling
328 Sisters Park Dr. | Daily 7-4:30p

Creekside Park: RV Dump Station
649 OR-126 Hwy | Seasonal Apr-Oct Only

Transportation

Cascades East Transit (CET): Transportation between Bend, Redmond, Sisters, and La Pine. Weekly shopper shuttle-Sisters to Bend
cascadeseasttransit.com

Sisters Transportation & Ride Share (STARS): Transportation for non-emergency medical appointments. Call on Tues/Thurs 10-3 to schedule. Spanish speakers available
(541) 904-5545 | starsride.org



Services

Health & Wellness

*Advantage Dental: OHP based dental clinic.
Affordable options for uninsured individuals
(541) 837-1714*

*Dept. of Health Services: Assistance applying
for SNAP/EBT/TANF/OHP. Domestic violence
assistance.*

(541) 388-6010 | oregon.gov/dhs

*Deschutes County Behavioral/Mental Health:
Services for OHP & uninsured clients.*

*Houseless community outreach & resources
(541) 322-7500*

Suicide Prevention Lifeline

**(800) 273-8255 |
suicidepreventionlifeline.org**



Services

Supplies/Resources

Chevron: Propane. Free potable water
(541) 549-5400 | 1001 W. Railway

Habitat Thrift Store/Restore: Camping supplies, clothes, household items. Contact FAN for vouchers.

Thrift Store: 211 E Cascade | (541) 549-1740
Restore: 254 W Adams | (541) 549-1621

Sisters Community Church: Free firewood
1300 McKenzie Hwy | (541) 549-1201

Sisters Library: Free wifi/computer use, respite, resources, copy & print services
110 N. Cedar | (541) 312-1070



Services

Supplies/Resources

Village Green Park: Bike repair station, public showers (uses tokens or quarters). Contact FAN for tokens

Corner of S. Elm & S. Washington

Village Laundromat: Coin operated washers and dryers

241 N. Fir St. | Open daily 7:30a-8:00p



Senior Services

Council on Aging of Central Oregon:

Information, guidance, referrals, programs, and services for seniors. Programs include:

- *Family/Caregiver Support Program*
- *Oregon Project Independence*
- *Caring Connections*
- *Senior Health Insurance Benefits Assistance*

(541) 678-5483 | councilonaging.org

Institute on Aging Friendship Line

24/7 toll free hotline for seniors. Crisis intervention line or warmline (non-emergency) for seniors experiencing isolation, loneliness, anxiety, etc.

(800) 971-0016

Elder Abuse and Neglect

Central Oregon Adult Protective Services

(541) 693-2707



Youth Services

Health & Wellness

School Based Health Clinic: Health care provided on a sliding scale for ages birth-21

(541) 526-6623

Recreation

Sisters Park & Recreation: Classes and youth sports programs. Scholarships available.

(541) 549-2091 | sistersrecreation.com

Childcare/Headstart/Pre-K Programs

NeighborImpact: Headstart, Preschool Promise

(541) 548-2380

Sisters Park & Recreation: Preschool, after school care, day camps. Accepts DHS payment

(541) 549-2091 | sistersrecreation.com

Wellspring School: Preschool/Pre-K care.

Accepts DHS payment

wellhousechurch.org/wellspring

Mountain Montessori: Montessori based care

mountainmontessorisisters.com



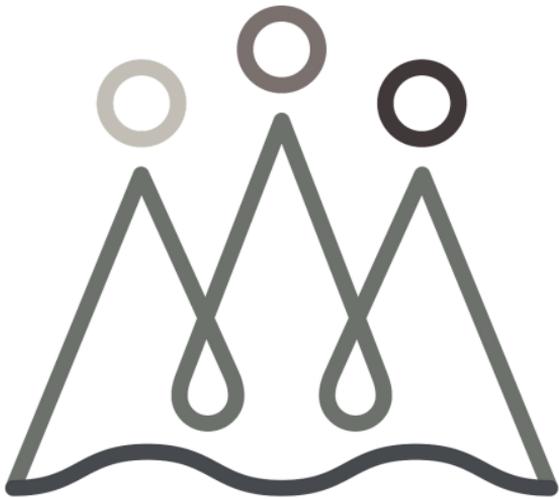
Recognition

This community resource guide was created in partnership with local advocates and Sisters Country Connects. Sisters Country Connects strives to provide the most accurate and reliable information possible.

Information in this guide was accurate at the time of printing but is subject to change.

Thank you to the generous support of Citizens4Community (C4C) and Xpress Printing for helping to keep Sisters Country resources accessible to the community.





SISTERS COUNTRY COMMUNITY CONNECTS

Please see sisterscommunity.org/resources for additional resources or guide updates. This guide is also available to download or print as a .pdf (English or Spanish) on the Sisters Country Connects Resource page. If you have a resource to add to this guide please contact sisterscountryconnects@gmail.com